

Howrah Town Diabetes Study Society : 11th National Conference Schedule

Venue : Hyatt Regency , Kolkata

Date : 12th 2026, Saturday

PROGRAMME SCHEDULE

Dr. J.P. Bose Hall

1	8:30 am onward	Registration
2	9:10 am to 9:20 am	Introduction
3	9:20 am to 9:30 am	Welcome speech by President Dr. Sanjay K Shah
4	9:30 am onwards	Scientific Session Start

Pre lunch Session

Sl	Time	Topic	Speaker	Chairpersons
1	9:30 am to 10.00 am	Metabolically healthy obesity: Fact or Fiction?	Dr. Neeta Deshpande	Dr. Dasarathi Sarkar Dr. Ipsita Ghosh Dr. Hamadur Rahaman
2	10.00 am to 10.30 am	CTD & Esaxarenone : salt sensitivity in hypertension- role of Diuretics	Dr. B.P.Pandey Dr. Mridul Bera	Dr. Kaushik Chaki Dr. Kaushik Pahari Dr. Ashok Mukherjee
3	10.30 am to 11:00 am	Obesity as a cardiovascular disease, a paradigm shift in cardio-diabetic management	Dr. Sanjay Agarwal	Dr. Sanjay K Shah Dr. B.P. Pandey Dr. Mridul Bera
4	11.00 am to 11.30 a.m	Remission of T2DM: myth, reality and clinical practice	Dr. Bipin Kumar Sethi	Dr. Satyam Chakraborty Dr. Dasarathi Sarkar Dr. Rajarshi Sengupta
5	11.30 am to 12:00 noon	Artificial Intelligence in medicine: is it going to replace the clinician?	Dr.G.V.Rao	Dr. Deepika Kedia Dr. Srikant Mohta Dr. Subhamoy Chatterjee
6	12:00noon to 12:30 pm	In the race of GLP1RA use in clinical practice, are we losing our common sense?	Dr Ipsita Ghosh	Dr. Sanjay K Shah Dr. Rahul Bhattacharya Dr. Soumik Sudipta
7	12.30 p.m to 1:15 p.m	Dr. Budhadeb Mukherjee oration :Bhasa, Budget, Belief: The 3 B's of real-world Diabetes Care	Dr. Aravinda J	Dr. Samar Banerjee Dr. Jotideb Mukherjee Dr. Ashok Mukherjee
8	1:15 p.m to 2:15 p.m	Protein engineering for reduced insulin burden Innovator Semaglutide in chronic weight management : from mechanism to real world impact. Optimizing T2DM care with innovator Semaglutide : Start Right, Start Strong	Dr. Satyam Chakraborty Dr. H.N Chakravarti Dr. Tirthankar Chowdhury	Dr. Masud Batin Dr. Subhankar Roy Dr. Partha Pratim Das Dr. Sujoy RoyChowdhury
	2:15 pm to 2.30 p.m	On lunch session Inauguration & Lamp Lighting and Felicitation		

Post lunch Session

9	2:30 pm to 3:00 pm	Stress hyperglycaemia vs Pre-existing diabetes : any difference? Psychological aspect of diabetes - neglected entity?	Dr. Rahul Bhattacharya Dr. Jayanta Sharma	Dr. Sanjay Seal Dr. Pinaki De Dr. Kaushik Das Dr. Sourav Das
10	03:00 pm to 03:30 pm	The female cardio-metabolic continuum- PCOS, pregnancy and menopause.	Dr. Rajni Bagai	Dr. Sukumar Barik Dr. Sudipta Ray Dr. Koustav Basu Dr. Sukanta Mishra
11	3:30 pm to 4:00 pm	Powering HF GDMT through hyperkalaemia control	Dr. Dhiman Kahali	Dr. Ashok Mukherjee Dr. Arup Das Biswas Dr. Saroj Mondal Dr. Kishor Sinha
12	4.00 pm to 5:00 pm	Should metabolic surgery be offered earlier, rather than after the medical therapy	Dr. Sarfaraj J Beig Dr. Sanjay K Shah	Moderator: Dr. Samudra Gooptu
13	5:00 pm to 5:30 pm	Advances in the management of hypertension	Dr. Prakash Mondal	Dr. Shilanjan Ray Dr. Shibabrata Banerjee Dr. Kaushik Chaki Dr. Saroj Mondal
14	5:30pm to 6:00 pm	Weight loss targets to achieve tangible benefits in a person with obesity	Dr.Jagat Joyti Mukherjee	Dr. Hridesh Narayan Dr. Hamadur Rahaman Dr. Sanjay K Shah
15	6:00 pm to 6:30 pm	Diabetes, hypertension and intracerebral hemorrhage: when does the neurosurgeon step in?	Dr. Dilip Dutta	Dr. Niloy Biswas Dr. Arindam Ghosh Dr. Debsankar Guin Dr. Bijendra Mahanti

HI TEA 6:00PM

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Pre Lunch Session

Sl	Time	Topic	Speaker	Chairpersons
1	9:30 am to 10.00 am	Nutrition symposium: Muscle anabolism unlocked: nutrition strategies in Sarcopenia	Aritra Khan	Moderation: Dr. Chandan Pal Dr. Saikat Ghosh Rakhi Chatterjee Padmaja Nandi
2	10.00 am to 10.30 am	Diabetes across the lifespan:tailoring care in special populations	Dr. Kaushik Sen	Dr.Arindam Naskar Dr. Satyaki Manna Dr. Sankar Das
3	10.30 am to 11:00 am	Revolutionizing Diabetes care-Technology, Automation and AI in cardiometabolic	Dr. Amit De	Dr. Amit De Dr. Saibal Chakraborty Dr. Subhadeep Pal
4	11.00 pm to 11.30 pm	Initiation and Continuation of MRA in HF Management: The Indian perspective.	Dr. Guruprasad Bhattacharya	Dr. Sankar Das Dr. Arijit Basu
		Hypoglycaemia in critically ill patients	Dr. Sanjay Sud	Dr. Subrata Pal Dr. Ambarish Bhattacharyya
5	11.30 am to 12:00 noon	Panel:Cardio-renal-metabolic syndrome, one or three? Rethinking integrated patient care	Panelist:Dr.Hamadur Rahaman Dr. Aditya Vora Dr. Rajat Kar Dr. Ambarish Bhattacharyya	Moderator Dr. Ajoy Biswas
6	12:00 noon to 12.30 p.m	Metabolic dysfunction and pulmonary disease- is lung the new cardio-metabolic target?	Dr. Debraj Jash	Dr. Subir Dev Dr. Sandip Jain Dr. Arindam Dutta Dr. Arnab Saha
7	12.30 p.m to 1:00 p.m	Stable glycemic control and metabolic legacy	Dr. Swayamsidha Mangaraj	Dr. Ajoy Biswas Dr. Supriyo Pramanik Dr. Rathindranath Sarkar
8	1:00 p.m to 1:30 p.m	How AM I going to die?	Dr. Anirban Mazumdar	Dr. Chanchal Kumar Jana Dr. Dasarathi Sarkar Dr. G.P. Bhattacharya

Post lunch Session

9	2:30 pm to 3:00 pm	iGIARLIXI as a first injectable simplifying real world clinical practice	Dr. Sagarika Mukherjee	Dr. Sukanti Bhattacharya Dr. Sanjay Sud Dr. Jotideb Mukherjee
10	3:00 pm to 3:30 pm	Diabetic Foot: Can interventional radiology prevent amputation?	Dr Tushar Subhra Ghosh	Dr. Shashank Shukla Dr. Monuiesh Bandyopadhyay Dr. Pankaj Sonar
11	03:30 pm to 04:00 pm	Diabetic foot and its rehabilitation	Dr. Gourav Sannyasi	Dr. Saniav K Shah Dr. Arindam Naskar Dr. Sujoy Kundu
12	4.00 pm to 4.30 pm	Diabetes & thrombosis : why diabetic patients are hypercoagulable?	Dr. B.P.Pandey Dr. Joydip Chakraborty Dr. Subrata Saha	Moderator Dr. Sisir Patra
13	4:30 pm to 5:00 pm	Residual cardiovascular risk in Diabetes: next frontier beyond LDL-C	Dr. Shilanjana Ray	Dr. B.P Pandey Dr. Sudipta Ray Dr. Sunip Banerjee
14	5:00 pm to 5:30 pm	Magic of aesthetic and reconstructive surgery in today's clinical world	Dr. Sabaysachi Basu	Dr. Indranil Pal Dr. P.P. Sen Dr. Adish Basu
15	5:30pm to 6:00 pm	Diabetic retinopathy: Who screens? Who treats ?	Dr. Abhishek Raha	Dr. Premanjan Bhattacharya Dr. Richa Kamal Kumar Dr. Suparna Sinha
		Thyroid disorders in pregnancy	Dr. Krishnendu Ray	Dr. Sagarika Mukherjee Dr. Sandip Mondal
16	6:00 pm to 6:30 pm	Role of NAC,Taurine and Pyridoxamine in delaying CKD progression	Dr. Bismay Kumar	Dr. Tanima Das Bhattacharya Dr. Aditya Vora Dr. Arunava Sen Dr. Subhadip Pal

HI TEA 6:00 PM

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HALL-Dr. Haimobati Sen

Pre Lunch Session

Sl	Time	Topic	Speaker	Chairpersons
1	10.00 am to 10.30 am	Case presentation in Diabetes	Dr. Satyaki Manna	Dr. Somudra Gooptu Dr. Spriya Pramanik Dr. Aditya Vora
2	10.30 am to 11:00 am	A brief workshop on Pain medicine	Dr. Saikat Ghosh	Moderator: Dr. Guruprasad Bhattacharya
3	11.00 am to 11.45 a.m	Workshop : Insulin pump		Moderator: Dr. Sanjay K Shah
4	11.45 am to 12:30 noon	Workshop: Oscillometry (FOT)		Moderator: Dr. Mridul Bear Dr. Arnab Saha
5	12:30 noon to 1.15 p.m	Workshop: CGM		Dr. Chandan Pal Dr. Supriya Datta Dr. Arijit Basu
	1.30 p.m to 2.30 p.m	On lunch session		
6	2:30 pm to 3.30 pm	Yoga & Balanced Nutritions	Pallabi Chatterjee	Dr. Arijit Basu Dr. Chandan Pal Rakhi Chatterjee
HI TEA 6:00 PM				



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Dr. J. P. Bose Hall

1	8:30 am onward	Registration		
2	9:00 am onwards	Scientific Sessions Start		
Pre lunch Session				
Sl	Time	Topic	Speaker	Chairpersons
1	9:00 am to 9:30 am	Overview of Bio-ethics	Dr. Somnath Naskar	Dr. Asish Biswas Dr. Partha Pradhan Dr. Supriyo Pramanik
2	9:30 am to 10:00 am	Early combination vs stepwise therapy- rethinking diabetes management	Dr. Satyaprada Mishra	Dr. Shibabrata Banerjee Dr. Debasis Saha Dr. Prithwijit Banerjee
3	10:00 am to 10:30 am	Atrial fibrillation, what's new?	Dr. Soumitra Ray	Dr. Subrata Pal Dr. Prakash Hazra Dr. Somnath Mukhopadhyay
4	10:30 am to 11:00 am	Do sex and gender matter in diabetes and its complications?	Dr. Supratik Bhattacharya	Dr. Tamonash Bhattacharya Dr. Dasarathi Sarkar Dr. Kaushik Mitra
5	11:00 am to 11:30 a.m	The future of acute coronary syndrome:from time-muscle to precision-reperfusion.	Dr. Prakash Hazra	Dr. Kaushik Pahari Dr. Soumitra Ray Dr. Ashoke Malpani
6	11:30 am to 12:00 noon	LADA, the Achilles's heel of Diabetes management	Dr. Kalyan Kr. Ganguly	Dr. Supratik Bhattacharya Dr. Soumik Sudipta Chatterjee Dr. Supriya Datta
7	12:00 noon to 12:30 p.m	Brain control of diabetes	Dr. Samar Banerjee	Dr. S. K. Shah Dr. Subrata Saha Dr. S.K. Somani Dr. Rathindranath Ghosh
8	12:30 p.m to 1:15 p.m	Dr. Sibananda Datta oration: Heart failure in 2026: Have we finally changed the natural history of the disease?	Dr. Achyut Sarkar	Dr. B. P. Pandey Dr. Sunip Banerjee Dr. Apurba Mukherjee
9	1:15 p.m to 1:45 p.m	Decoding Mounjaro's superior results vs Semaglutide	Dr. Saumyabrata Roy Chowdhury	Dr. Debasis Saha Dr. Soumik Dutta Dr. M.K.Mukhopadhyay
10	1:45 p.m to 2:15 p.m	Pragmatic hypertension management in an era of ever changing definitions,targets and guidelines	Dr. Bhupen Desai	Dr. B.P. Pandey Dr. Sunip Banerjee Dr. Apurba Mukherjee
	1.30 p.m to 2.30 p.m	On lunch session		
		Felicitatation and Social activities		
Post lunch Session				
11	2:30 pm to 3:00 pm	H.Pylori - common mistakes in clinical practice & how to manage them	Dr Aniruddha Pratap Singh	Dr. Dilio Todi Dr. Somnath Mukherjee Dr. Deepika Kedia Dr. Sabyasachi Ray
12	03:00 pm to 03:30 pm	MINOCA and INOCA -crosstalk	Dr. Suvanon Rav Dr. Sunip Banerjee	Moderator: Dr. Seababrata Jana
13	3:30 pm to 4:00 pm	Advanced heart failure: what's new?	Dr. Arindam Pandey	Dr. Kaushik Pahari Dr. Kaushik Chaki Dr. Rajat Kar
14	4:00 pm to 4.30 p.m	Finerenone: Holistic approach to diagnosis and management of heart and kidney disease in T2DM	Dr. Arindam Roy	Dr. Sanjay Seal Dr. Agniva Maiti Dr. Raman Rai Dr. Arijit Basu
15	4:30 pm to 5:30 pm	Debate : Glycemic benefits overshadowed by other non- glycemic benefits with oral hypoglycaemic drugs which increases the initiation-inertia of insulin therapy.	Speaker Dr. Anish Kar (proposition) Dr. Piyas Gargari (opposition)	Moderator Dr. Uttiyo Gupta
16	5:30pm to 6:00 pm	Vaccination in diabetes: strengthening pulmonary defence against infectious threats	Dr. Bijay Patni	Dr. Kuntala Rav Dr. Sankar Nath Jha Dr. Sanjay Seal
17	6:00 pm to 6:30 pm	Precision pharmacotherapy in cardio- diabetes: choosing the right drug for the right phenotype	Dr. Sambo Samrat Samajder	Dr. Narayan Bhattacharva Dr. Mridul Bera Dr. Arijit Basu

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Pre Lunch Session

Sl	Time	Topic	Speaker	Chairpersons
1	9:30 am to 10.00 am	CABG in Diabetes: is surgery still the gold standard?	Dr. Debasis Das	Dr. Sunip Banerjee Dr. B. P Pandey Dr. Arunagshu Dhole
2	10.00 am to 10.30 am	ACC 2026 guidelines for management of Cholesterol in Diabetes	Dr. Devanu Ghosh Roy	Dr. Apurba Mukherjee Dr. Biswakesh Majumdar Dr. Saroj Mondal
3	10.30 am to 11:00 am	Panel:MASLD, Prediabetes & Metabolic Syndrome: Is our Plate the Problem—or the Solution?	Speaker: Dr. Arcojit Ghosh Dr. Agniva Maiti Susmita Chattopadhyay Rimi Banerjee	Moderator Dr. Supriya Datta
4	11.00 am to 11.30 a.m	Precision nutrition in T2DM remission: what is clinically actionable?	Dr. Gaurav Bhaduri	Dr. Naryan Bhattacharya Dr. Rahul Bhattacharya Dr. Arijit Basu
5	11.30 am to 12:00 noon	Hypertension management in CKD & diabetes-how low should BP go?	Panelists:Dr. Sourav Das Dr. Kaushik Ghosh Dr. Sandip Parui Dr. Sankha Sen	Moderator: Dr. Manojit Ketan Mukhopadhyay
6	12:00 noon to 12.30 p.m	Breaking through insulin initiation barriers with Premixes	Dr. Rana Bhattacharya	Dr. Supriya Datta Dr. Sanjay Sud Dr. Satyaki Manna
7	12.30 p.m to 1:00 p.m	ECGs for physicians	Dr. Santanu Guha	Dr. Satish Gupta Dr. Somnath Mukhopadhyay Dr. Hemamalati Rath Dr. Seababrata Jana
8	1:00 p.m to 1:30 p.m	Bone health in Diabetes: Pathophysiology & Assessment	Dr. Sujay Majumder	Dr. Selima Tarenia Dr. Abhijeet Banerjee Dr. Saniay K Shah
Post lunch Session				
9	02:30 pm to 03:00 pm	From Evidence to Impact: 11 Years of Empagliflozin across the CRM continuum:Translating clinical evidence into practice	Dr. Selima Tarenia Dr. Hema Malathi Rath Dr. Chandan Misra Dr. Ritesh Kauntia	Modaretion: Dr. Indira Maisnam
10	03:00 pm to 03:30 pm	CKLM interplay in Diabetes, and its targeted therapy	Dr. Sunetra Mondal	Dr. M.K.Mukhopadhyay Dr. Puraniay Chakraborty Dr. Ipsita Ghosh
11	3:30pm to 4:00 pm	Diabetes in south Asian, why are we different?	Dr. Nilakshi Deka	Dr. Indira Maisnam Dr. Kaushik Das Dr. Dr. Mridul Bera
12	4.00 pm to 4.30 pm	Emerging therapies in diabetic gut dysmotility	Dr. Uday Chand Ghosal	Dr. Dipika Kedia Dr. Dilip Todi Dr. Srikant Mohta
13	4:30 pm to 5:00 pm	Sudden cardiac Death in young.... Who should we screen and How?	Dr. Somnath Mukhopadhyay	Dr. Chandan Mishra Dr. C.K. Jana Dr. Agniva Maiti
14	5:00 pm to 5:30 pm	Addressing the Driver : ASI in Aldosterone-mediated Hypertension	Dr. Sunil Lhila	Dr. Siladitya Ray Dr. Tanima Das Bhattacharya Dr. Abhay Kumar
15	6:00 pm to 6:30 pm	Continuous Glucose Monitoring in Septic Shock	Dr. Subhadeep Pal	Dr. Abhrojit Raha Dr. Bihan Neogi Dr. Piya Ghosh Dr. Anirban Karmakar
16	6:00 pm to 6:30 pm	Steroids in Rheumatology: Balancing inflammation control against diabetes and cardiovascular disease	Dr. Abhro Chowdhury	Dr. Sarbani Rudra Sengupta Dr. Prithwjit Banerjee Dr. Sujoy Kundu

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<u>Pre Lunch Session</u>				
Sl	Time	Topic	Speaker	Chairpersons
1	9:30 am to 10.30 am	The Obesity Paradox: protective phenomenon or statistical illusion?	Dr. Vyvane Loh (USA) Online Session	Dr. Supriya Datta Dr. Mridul Bera Dr. Guruprasad Bhattacharya
2	10.30 am to 11:00 am		Dr. Banshi Saboo Online Session	Dr. Sanjay K. Shah Dr. Mridul Bera Dr. Guruprasad Bhattacharya
3	11.00 am to 01.00 pm	Abstract presentations	Judge: Dr. Satish Gupta Dr. Dilip Todi Dr. Sandip Parui Dr. Sanjay Sud Dr. Aditya Vora	Moderator: Dr. Abhrojit Raha
4	1.30 p.m to 2.30 p.m	Lunch		
<u>Post lunch Session</u>				
5	2:30 pm to 04.00 pm	Quiz: Everything on Diabetes	Moderator: Dr. Abhrojit Raha Coordinator : Dr. Prithwijit Banerjee Dr. Ushinor Das Dr. Vibek Shah	Quiz-master: Dr. Piyas Gargari
6	05:00 pm to 05:30 pm	Prize Distribution		
HI TEA 6:00 PM				

